



One of the most effective ways that teachers can make a difference is by educating themselves on the issues surrounding sexual and gender difference and diversity. Below is a list of some of the resources that are available for teachers including relevant research and reports, professional development and training opportunities and resources to use in your classroom.

There are a number of excellent resources and reports out there and this list is by no means comprehensive. If you have come across others that you found useful and are not included in this list then please let us know.

Classroom resources:

- **Resource: Same-Sex Attracted Friendly Environments in Schools: a Whole-School Resource: Implementing a comprehensive approach to supporting same-sex attracted students and challenging homophobia.**

The Same-Sex Attracted Friendly Environments in Schools Whole-School Resource is designed to support schools in implementing a whole-school approach to student wellbeing that is inclusive of the needs of those who are same-sex attracted. Four booklets cover the research and what we know of the experiences and needs of these students in schools, the relevant policies and legislation to support this work, processes for implementing an inclusive whole-school approach, and practical examples of the work that is already taking place in Victorian schools. Also included are tools for reviewing school policies and practices on issues of sexual diversity, and a resource for parents.

Available from: Family Planning Victoria Library and Bookshop, 901 Whitehorse Road, Box Hill, Victoria Phone (03) 9257 0146. Postage and Handling = \$11.00. Also see the 'SSAFE Resources page on this web site to download an order form – www.ssafeschools.org.au/resources.

- **Video: In Other Words (27 mins)**

For students aged 13 and up this video was produced by the National Film Board of Canada but is still highly relevant to an Australian audience and context. 'In Other Words' speaks directly to teenagers and offers a valuable tool to teachers who want to explore homophobic language-the words themselves, their origins, how young people feel about them, and how to overcome the hurt and anger they cause.

The film features interviews with gay, lesbian, bisexual and transgender young people who provide first hand accounts. Weaving together slang, music media images and dictionary definitions, the film examines how language shapes attitudes.

This film can be used as a starting point for further discussion about stereotypes, sexuality issues, language, difference and discrimination. The video also comes with suggested post video activities.

Available from: Living Solutions Bookshop, (03) 59776366, Price: \$155

- **Video: Sticks & Stones**

For grades 3-7, Stick & Stones is also produced by the National Film Board of Canada. In this film, young children ages 5-12 describe how they feel when they hear put-downs of themselves or their families for not following traditional gender roles. They talk about why bullies engage in name-calling and what they think should be done about it. By showing they know what's wrong the children challenge educators, parents and other kids to act positively to make schools and playgrounds safe and welcoming for everyone.

Available from: Living Solutions Bookshop, (03) 59776366, Price: \$155

- **Video: Mates: HIV Related Discrimination**

This film was produced by Health Media for the New South Wales Department of Education in 1993. It tells the fictional story of Steve Jenkins who is a good-looking, athletic, champion swimmer who enters a new school. When a student from a previous school reveals Steve's sexuality, friendship and support quickly turn into fear and persecution. 'Mates' is a powerful story and HIV/AIDS and homophobic related discrimination in the school setting. It is the story of friendship lost and rediscovered when discrimination is seen for what it is.

Available to borrow from Family Planning Victoria Resource Centre, Box Hill, (03) 9257 0126 (not available to purchase)

- **Video: Just one Day**

A film about a young woman who is outed to her school friends: their reactions and her coming to terms with her sexuality. This video was produced by the local Y-Glam Performing Arts Project, by young people for young people focusing on sexual diversity.

*Available: Moreland Community Health Service Inc, Jemma Mead & Vicky Guglielmo (03) 9355 9900, Email: jemimam@mchs.org.au, vickyg@mchs.org.au
Costs around \$25*

- **Pride & Prejudice Program**

Pride & Prejudice is a formally evaluated school-based approach to sexual diversity and homophobia, which has been shown to have significantly changed student attitudes toward gay men and lesbians after six weeks (Health Promotion Journal of Australia Dec 2001).

The six-week program is interactive and challenging, providing students an avenue to discuss sensitive issues and topics. The package includes an outline of each session with the aims, the key skills required to undertake the session and optional homework. The program rests on the idea that these issues need to be explored and discussed in a broader context over a substantial amount of time in order for the process to be beneficial. The series of six session plans are complemented by a video that gradually introduces six same sex attracted young people throughout the course of the program.

Daniel Witthaus, Moonee Valley Youth Services & Deakin University, 2001.

Available from Moonee Valley Youth Services. Contact: Amanda Francis, or, Carol Espinoza on (03)924-8888, or, email, prideprejudice_1@yahoo.com.au. Price \$45-\$55 (link to order form). Cost: \$45 - \$55.

- **TEXT: Interactive Teaching Strategies: Adolescent Sexuality. (By Mary Mannison)**

This text addresses adolescent sexuality for classroom lessons. Chapter five focuses specifically on gay, lesbian and bisexual relationships, containing sections covering common beliefs and questions, words related to sexual orientation, discrimination against same sex attracted people, the experience of being different from the majority and coming out. The text provides lesson guidelines, materials and information and activity sheets.

Available from Family Planning Victoria, Box Hill. \$35, Phone (03) 9257 0146

- **Resource: Talking Sexual Health Materials: A Teaching and Learning Resource for Secondary Schools. (By Debbie Ollis and Anne Mitchell).**

This is a resource included in a national framework for education about STI's, HIV/AIDS and Blood-Borne Viruses in Secondary Schools developed by the Australian Research Centre for Sex, Health & Society funded by the Commonwealth Department of Health and Aged Care. It provides classroom materials for teachers to use with students. Designed primarily to use with students in years 9 and 10, but is also suitable to use with students in years 11 and 12 and many of the activities can be modified to use with students in years 7 & 8. The resource provides experienced health educators with teaching and learning activities to assist in achieving a number of learning outcomes appropriate for year 9 and year 10 students. This resource is inclusive of the sexual health and drug use issues of same sex attracted youth. It includes advice on setting up programs and creating supportive and safe learning environments for all students that are supported by a whole school approach. Talking Sexual

Health has specific units including activities and workshops, around diversity-gender, power, sexuality and risk.

This resource is only available to teachers who participate in a Talking Sexual Health professional Development program

Training and resource available from: Family Planning Victoria, Box Hill: (03) 9257-0100, or, Australian Research Centre for Sex Health & Society: (03) 9285-5382.

- **Resource: Yes You Are: a guide to educating young people and adults about healthy relationships, sexual diversity and anti-homophobia.**

This booklet is designed for teachers and other professionals working in the education system. It was developed in response to the high number of requests for education support, in the area of anti-homophobia. The resource provides clear rationales for and information around anti-homophobia education. It provides classroom activities and workshops for educators to engage young people with issues relating to homophobia, heterosexism and discrimination, communication and relationships. Some of the sections are specific to NSW legislation and context, but is still relevant for Victorian contexts.

*Available from Family Planning Victoria, Box Hill, Phone (03) 9257 0146
Price: \$60.*

- **Web site: The Hormone Factory:
www.thehormonefactory.com**

Sex education resource for years 5 and 6, inclusive of same sex attracted issues. The site explains sexual and reproductive development and the physical, emotional and social changes associated with puberty. The site's content fits firmly into national curriculum frameworks in health education.